

# Introduction to County Coach Training

At this stage in your '*coaching experience*' you should have gathered a lot more experience during your progress as a L2 coach. In order to gain a County Coach qualification you will be introduced to more information through your tutor and will be expected to develop this during the course. There is also an expectation that at this stage of coach training you will be actively seeking such development and taking responsibility for it. Remember that the more you put into your training, the more you will get out of it!

The essentials of the scheme are:-

- You will be required to attend a Pre-course interview prior to the course.
- The result from this will be either:-
  - Acceptance onto the course
  - Action points to complete before such acceptance
  - Advice on continuing to gain experience in order to apply again in the future.
- Complete requirements for modules 1 to 6
- Gain pass marks in all the set written works
- Be found suitable for a County Coach Award at Final assessment

Every candidate will need to have a Senior Coach mentor. (The Collins Concise dictionary defines a mentor as being a wise and trusted advisor or guide) and this provides you with a sense of which qualities to look for in a mentor and the role they should provide.

The training course may be run on traditional lines with more than one candidate, or alternatively it can be run on a one to one basis. It also advocates the principle of distance learning where appropriate.

## Outline of assessment process

- The assessment is on a module basis.
- The assessment will be carried out by two Senior Coach assessors at a final assessment day / weekend.

Full details of the assessment and some expansion of module contents can be found in the companion document entitled '**Final Assessment Process**' which will be available for candidates on entering the course.

## Overview

The County Coach Modules to be trained and then assessed at the end of the course are:

- Module 1. Work record, suitability and commitment
- Module 2. Written communication (**internally structured assessment by the Tutor**)
- Module 3. Verbal communication
- Module 4. Performance Coaching
- Module 5. Analysis, tuning and knowledge of archery equipment
- Module 6. Fundamental coach training and assessment